

HEARTBURN FACTSHEET

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Indigestion - Better Health Channel

Heartburn and reflux medicines (proton pump inhibitors) are often only needed for a short time. Download a factsheet about managing heartburn and reflux.

Heartburn factsheet

This fact sheet helps you to know what's 'normal' and what you can expect to suffer from heartburn or indigestion (also called dyspepsia).

Hello everyone, Heartburn, a form of indigestion or reflux, is a feeling of burning pain or discomfort in the chest usually after eating. It typically.

Nexium Control Heartburn Factsheet Date of preparation: 16th February For UK Consumer journalists NEXIUM CONTROL® - HEARTBURN FACT SHEET.

Food inside the stomach is only kept there by the force of gravity so to avoid heartburn, don't lie down after a big meal.

Related books: [When the Sky Fell \(Sky Chronicles Book 1\)](#), [Stairs of Sand](#), [Brown Dog: Novellas](#), [There's Always Tomorrow](#), [Your Fathers Name](#).

Liver - fatty liver disease The damage caused by fatty liver disease can often be halted or reversed through simple lifestyle changes Did you find what you were looking for? PeritonitisPeritonitisisalife-threateningemergencythatneedsprompt Patients with only mild or intermittent heartburn Heartburn Factsheet have adequate relief with lifestyle modifications and with antacids, although other options are available. For further information, visit the Choosing Wisely Australia website.

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